

# 2023 CONVENTION HIGHLIGHTS



More than 170 individuals from across the world came together for an inspirational weekend packed with science-based education, hands-on tools and, most notably, a community of unwavering support.



38 states and 3 countries were represented at the Convention.



11 families participated in the first-ever Empower Early Initiative, learning the science behind effective obesity care and developing lasting connections with one another.



More than 75 advocates were trained, now equipped to step up and take action by challenging instances of weight bias and hurdles to accessing care.



Over 585,000 social media impressions.



Over 400 mentions of #YWM2023.



## Trending Words

#ywm2023 #ywm2023engage #oacation #obesity #advocacy #obesityaction #stopweightbias #ywmconvention #obesityawareness #obesityadvocacy #obesityeducation #ywmengage #health #weight #patientadvocacy #nutrition #weightmanagement #bariatricsurgery #weightloss

## What Attendees are Saying



"The presentations challenged and reshaped my beliefs about this disease, transforming how I perceive my body and weight. This conference reignited my passion for advocating more research on obesity, particularly within the black community, especially black women."  
**-Stacy**



"I always come home with so much helpful information after #YWM2023Engage."  
**-Faith**



"#ywm2023 Advocacy, education, community, fitness, fun all under one roof in #Orlando."  
**-Holly**